
SUPERVISION EVENT 2024 – INFORMATION PACK

Hosted by experienced Dietetic Supervisors, Lisa Pearl MS, RDN, GCEC, CEDC and Fiona Sutherland APD, RYT (Melbourne, Australia), this event is intended to build and grow Supervision as an essential component to the Dietitians growth and safety in practice.

We are excited to host this event again in various cities in 2024, with thanks to the support of The Renfrew Center, Thira Health and Within.

DATES AND TIMES:

Parts 1 & 2 - Live Online:

2.5 hour live online **Thursday 25th April 6:30-9:00pm ET**

2.5 hour live online **Thursday 2nd May 6:30-9:00pm ET**

PLUS 1-day live face to face 9am-5pm in:

SEATTLE on Mon May 6th

AUSTIN on Sat May 11th

BOSTON on Saturday May 18th (immediately following the MEDA Conference)

LONDON, UK on Mon June 10th

CPEU's = 13 (including ethics)

YOUR LEARNING

We will aim to set a strong foundation of answering “what is this work that we are doing?” before exploring important principles and practices to support our own reflective practice as we are supporting others. We will draw upon some established frameworks which can guide us and be discussing some of the complex, nuanced and challenging aspects of Supervision as a practice.

This event is most suitable for Dietitians who are already supervising OR have been their own regular 1:1 supervision for at least 2 years alongside a solid level of direct clinical experience.



Over the course of our time together will discuss:

- Foundations of Supervision Practice - developing a shared understanding
- Setting up for Relational Safety, including agreements
- Frameworks for delivering Supervision
- Navigating Supervision Spaces (Hewson)
- Boundaries and Ethical Practice
- Helping Supervisees Learn
- Learning by Reflecting
- Giving and receiving feedback
- Navigating tricky conversations

[All information here](#), [Registration here](#)

Please email Fiona at themindfuldietitian@gmail.com with any questions